The CEO Excellence Checklist: The mindset, behaviors, and traits of the most effective CEOs

Questions every CEO should reflect on

			Not at all		
Clarity of purpose: Am I crystal clear about why I do what I do, and can I articulate it to others?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Emotional regulation: Do I manage pressure, criticism, and setbacks without overreacting or withdrawing? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Learning posture: Do I actively seek feedback and keep learning, even (especially) when things go well?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Influence & stakeholder navigation: Align, mobilize, inspire					
 Inspiration: Do I communicate in ways that energize, motivate, and invite commitment? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Listening: Do I truly listen to what is said — and unsaid — by key stakeholders inside and outside the business? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
• Trust building : Do I consistently act in ways that build deep trust across the organization and board?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Judgment & decision-making: Think clearly, decide wisely					
 Pattern recognition: Do I connect dots quickly and separate signal from noise under uncertainty? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Courage: Am I willing to make hard calls — even unpopular ones — when they're needed for the long-term? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Bias awareness: Do I regularly challenge my assumptions and seek alternative viewpoints before deciding?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Talent builder: Shape the leadership the business needs					
 People magnet: Do I attract, retain, and grow exceptional talent? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Succession mindset: Have I identified and invested in successors across key roles — including my own? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Performance culture: Do I create conditions where high standards are expected, respected, and rewarded?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Integrity & resilience: Lead with character					
 Consistency: Do my words match my actions across time and context? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Resilience: Am I modeling calm and purpose during ambiguity and adversity? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
 Stewardship: Do I act as a long-term custodian of the company's mission, values, and reputation? 	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

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